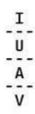


# ERASMUS+ TRAINEESHIP 2022/2023



- ✓ Erasmus+ (E+) Programme
- ✓ E+ Traineeship
- ✓ Application for 2021/22 a.y.





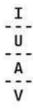
Erasmus + is the programme of European Union promoting the following:

- **✓** themes
  - Social inclusion
  - Environmental sustainability
  - Digital transition
- ✓ activities
  - Mobility for studies
  - Mobility for traineeships
  - etc...

**N.B.** For each study cycle it is possible to carry out **up to 12 months** of E+ mobility.



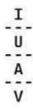
# **ERASMUS+ TRAINEESHIP**





#### **ERASMUS + TRAINEESHIP**

- ✓ The programme supports the mobility for traineeship through an E+grant
- ✓ It aims at helping beneficiaries **develop** and **improve** skills to **enter the**labour market



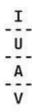




#### **ERASMUS+ TRAINEESHIP - duration**

- ✓ the traineeship lasts at least 2 months and should be finished by 31

  December
- ✓ the scholarships for 22/23 a.y. have a 3-month duration
- ✓ the traineeship should be carried out in only one host institution and in a
  full time modality (36 -40 hours per week)
- ✓ no interruption is expected throughout the traineeship





# **Eligible Countries**

#### **E+ Programme Countries (for student and recent graduate - traineeships)**

- ✓ EU member Countries
- ✓ Norway, Iceland, Liechtenstein
- ✓ Etc...

#### **E+ Partner Countries – Region 14**

- ✓ United Kindgdom
- ✓ Switzerland



# **E+ Grant**

# **E+ Programme Countries**

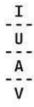
Monthly Grant	Countries		
GROUP 1 € <b>500,00</b>	Denmark, Finland, Irland, Iceland, Liechtenstein, Luxemburg, Norway, Sweden		
GROUP 2 <b>€ 450,00</b>	Austria, Belgium, Ciprus, France, Germany, Greece, Malta, The Netherlands, Portugal, Spain		
GRUPPO 3 € 400,00	Bulgaria, Croatia, Lithuania, Northern Macedonia, Poland, Romania, Serbia, Slovenia, Czech Republic, Hungary		



# E+ Grant

# **E+ Partner Countries**

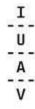
Monthly Grant	Countries
€ 500,00	Partner Countries, region 14: Switzerland, UK

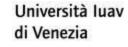




## **HOST INSTITUTION**

- ✓ It is possible to carry out the internship in public/private institutions located in the eligible countries, according to the traineeship typology
- ✓ It is **not** possible to carry out the internship in **European public bodies/offices** (e.g. European Commission)
- ✓ It is possible to carry out the internship in **luav partner institutions**
- ✓ It is possible to find a host institution **«new»** to luav







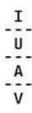
## **FINDING A HOST INSTITUTION**

Candidates **should autonomously find a host institution**. Nonetheless, the International Mobility Office **supports** students through:

- ✓ **Database of luav Partners**: beneficiaries can consult a list of institutions collaborating with luav
- ✓ Cover letter template
- ✓ Individual meetings with the International Mobility office



# **APPLICATION CALL** 2022/23 A.Y.





#### TRAINEESHIP TYPOLOGY

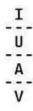
#### **CURRICULAR TRAINEESHIP - students**

#### **Definition**

The traineeship is «curricular» if the activity is **compulsory** in a student's study plan

#### **Features**

- ✓ the trainee keeps the **«student status»** for **the whole duration** of the traineeship
- ✓ once the traineeship is finished, the student will have the curricular ECTS recognized





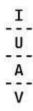
#### students should:

- ✓ be enrolled for 2022/23 a.y. to a postgraduate specialisation programmes (1° or 2° level)
- ✓ Keep the «student status» for the whole duration of the traineeship
- ✓ Have the «traineeship» as a compulsory activity in the study plan.



#### all candidates should:

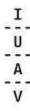
- √ have European Citizenship or have an European residency permit
- ✓ NOT benefit from E+ grant or E+ funding
- ✓ NOT benefit from a further grant to carry out a traineeship.
- ✓ have the possibility to carry out at least 2 months of E+ mobility
- ✓ NOT spend the mobility grant for traineeship in the home Country





#### all candidates should:

- ✓ have a sufficient linguistic competence: at least B1 level of English and/or the language spoken in the host Country, certified through:
  - Language certification
  - Result of the final assessment of the OLS procedure (from former E+ mobilities)
  - Letter of intent (Attachment C)





# **DEADLINES**

Registration Window on Spin	Selection resulst	Deadline for LOI (Attachement B)	Traineeship period of time
16 May, 12 PM	19 June 2023	Before the beginning of the traineeship and not later than 29 September 2023	July – December 2023

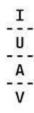




#### APPLICATION PROCEDURE

- ✓ Complete the online google form: <a href="https://forms.gle/a9bRXRazjT6evhB66">https://forms.gle/a9bRXRazjT6evhB66</a>
- ✓ upload
  - ✓ the Traineeship Project (Attachment A) in PDF format compulsory
  - ✓ The CV (attachment B) in PDF format compulsory
  - ✓ upload the Letter of Intent (attachment C) in PDF format optional
  - ✓ Upload a language certification (optional) in PDF format optional

**N.B.** documents which will be uploaded not in a PDF format will not be taken into consideration







#### TRAINEESHIP PROJECT— ATTACHMENT A

#### Tips:

- ✓ get to know the background: host Country
- ✓ list the **activities** you wish to carry out during the traineeship
- ✓ clarify why you have choosen/you wish to carry out the traineeship in a specific host institution
- ✓ highlight your expectations about the experience: e.g. skills you wish to acquire

#### **CONTACT INFORMATION**

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